



Structure of Chinese medicine

Acupuncture and tai chi (Chinese physiotherapy), acupuncturists and herbal (herb) prescriptions, qigong exercises, and food therapy. Acupuncture is the best known of these modalities; however, acupuncture by itself is not a part of Chinese medicine. Within Chinese medicine, herbal medicine, the core practice of acupuncture, and the other modalities (qigong, food therapy, and tai chi) are all considered to be part of the whole. In integrative support, the College of Integrative Acupuncture, Galway, the curriculum prepares graduates to practise the full field of Chinese medicine. The historical development of the college started in 1984, when course director Linda Heffernan commenced studies in Galway.

The College of Integrative Acupuncture is a private independent college founded in 1988. Courses are given in the college premises in Moore street, Loughrea, which is equipped with teaching rooms and treatment rooms. The third year is clinical practice, where students treat patients under supervision. This is done in the college doctor's clinic and

at Loughrea. The College of Integrative Acupuncture exists to prepare candidates to enter the practice of acupuncture and traditional Chinese medicine, to instil graduates with the theoretical structures and analytical abilities necessary for continued professional learning through their practice, and to provide graduates with an understanding of bioethics and professional responsibilities.

The College of Integrative Acupuncture's aim is the framework for its educational programmes in Chinese medicine. The mission is achieved through a four part programme: (a) professional education, (b) clinical practice, (c) research, and (d) academic publishing. The college prepares its students within the discipline of Chinese medicine to diagnose, treat, prescribe, and to appropriately refer patients through communication and interaction with other primary health care providers.

The college offers a three year part time professional training programme in acupuncture and traditional

is currently run over weekends, commencing on October 17 and including a part-time clinical placement for one year, or part thereof, to include either an in-house clinical and/or placements with suitably qualified and registered acupuncturists.

Linda Heffernan, the course director, is one of the longest practising lecturers of acupuncture in Ireland. She trained in the Royal College of Traditional Acupuncture in Leamington Spa in 1975. She works on the physical, mental, emotional, and spiritual levels in her practice and integrates all the different approaches in practice and in the training college. Students speak of the enjoyable and satisfying time they have studying at the college. They are inspired and prepared to become, and have become, excellent practitioners who will help many patients to enjoy better health.

For more information contact Linda Heffernan, course director, at 091 561676 Tuesdays, Wednesdays, and Thursdays, or 091 673812 on Fridays, see www.galwayica.com, or email info@galwayica.com

Language adviser course at The Granary

A two day introductory course in the role of a language adviser will be held on Monday August 31 and Tuesday September 1 at The Granary Learning Centre of Transdex Ltd, 58 Donnell Street, Galway.

The British Council has identified the role of language adviser as one of the most important developments in language learning in the last 100 years. Its website shows several job opportunities for language advisers. This course will prepare those interested in languages for this emerging career opportunity in language learning.

The course is being offered as part of a European Union-funded life long learning project called Pathways to Host Country Languages for Migrants. The aim of the project is to support the larger EU objectives of improving the integration of migrants and increasing language competence of all citizens.

This project first developed the training course for the role of professional language adviser and will also create a software tool called the Language Pathfinder which will provide an assessment of a learner's language learning needs and preferences, propose the course and the online and offline options for learning, help the learner to create a personal learning plan, and provide a monitoring mechanism for keeping track of the learner's progress.

The final part of the project is for the newly trained language advisers to work with a number of migrants to create their own personal learning plans for acquiring their new host country language.

A nominal fee of €20 applies. Those interested in joining should have some background in language teaching or a similar role. Email info@transdex.ie or phone 091 339792 for further information.



So many opportunities with an accountancy qualification

Currently an accountancy qualification offers many job opportunities in accountancy practices, industry, and the banking sector. The most well-known practices are the Big Four - Deloitte, PwC, EY, and KPMG - which audit many of the world's largest firms and banks both in Ireland

and abroad. Other large accountancy firms also offer great prospects for aspiring accountants. But it is not just these large firms that provide such diverse accountancy practices come in all shapes and sizes, from a single accountant, running his/her own business,

to those with several specialisms allowing for a broader range of services. Western Management Centre in Galway is an ACCA and CPA tuition provider. It also offers the ACCA Diploma in Accounting and Business and the entry-level Certified Accounting Technician course.

Whatever the level of course you want, the centre has a course for you. Western Management Centre has been running ACCA courses for more than 16 years and has built up a highly experienced team of tutors. Throughout the years students of the centre have achieved top

exam rankings not only in Ireland but also in the world. If you are starting on the accountancy road then the staff in the Western Management Centre will be happy to discuss your options with you. Some classes start the end of August so there is no time

to delay. CPA classes start in late October so if you think you may be entitled to exemptions or want to find out more about the qualifications now is the time to review your options. With the Western Management Centre you

are guaranteed expert tuition and support throughout your studies. Contact Western Management Centre at 091 328777, email admin@wmgalway.com, text 087 036100, or see www.wmgalway.com.

Become a qualified fitness instructor with Maltings Training

Would you like to train as a fitness instructor, work in a gym or leisure centre, teach fitness classes, conduct physical training sessions with teams, and make a positive contribution to the good health and well-being of people of all ages? Then why not become a qualified fitness instructor with Maltings Training.

Maltings Training is running a part time certificate in exercise and health fitness course, which is accredited by the University of Limerick, in Galway commencing on September 25. It will run for three weekends a month (Friday evening and Saturday) and May.

This course is the only university accredited health and fitness instructor qualification in Ireland, and the qualification is the highest phase fitness instructor qualification on the National Framework of Qualifications. For more information or to book your place on the course call 091 0821256 or email info@maltings.ie. Maltings is currently taking applications on book now to avoid disappointment.

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John Connolly

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- Award in Public Relations (QQI - FETAC)

English Classes now enrolling

For 29 years John Connolly English Classes has been an important part of students' lives in Co Galway and Co Clare, helping them to maximise their grades at both the Leaving and Junior Certificate examinations. The focus has always been on teaching students to understand the questions asked and to format answers to the questions. Each student's progress is monitored by a short 15 minute question at the end of each session. Students use the content of the session to answer the question and each answer is carefully graded. The answer is returned with a copy of a sample answer to the question, which illustrates how the question might be approached. This formula has helped many students to improve their grades. Handouts at each session provide the student with the material necessary for attempting questions but it is the student's ability to write an answer that is crucial for the exams. This is why doing a question at the end of each session is an important.

This focus on the techniques of answering questions and of working in small groups develops the confidence of students in their ability to cope with the examination papers and improve their results. John Connolly English Classes looks forward to welcoming the examination statistics of 2014 to sessions, confident that they will benefit from the experience like so many students have done over the past 27 years. For more information call 091 339792 or see www.johnconnollyenglishclasses.com

An Introduction to the role of Language Adviser
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info@transdex.ie
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Classes starting early September. Registrations now being accepted

Day Courses

• Occupational First Aid Course (QQI 516207)	starts 27 Aug
• Refresher Occupational First Aid Course	2 days
• Safety & Health at Work Course (QQI 020185)	starts 7 Sept
• Manual Handling Instructor (QQI 602042)	starts 7 Sept
• Fork Truck Certification Course	starts 28 Sept
• Team Leadership Course (QQI 613548)	starts 14 Sept
• Project Delivery & Evaluation (QQI 613320)	starts 27 Sept
• Project Management Course (QQI 614000)	starts 22 Sept
• ADR Driver Training Course	starts 26 Sept

Manual Handling, Patient Lifting, Occupational First Aid Course, ADR Fork & Manual Handling, Safe Pass Courses
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